

Elad Zlotnick

Curriculum Vitae

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Personal details

Date of birth August 9, 1981
ID 040651374
Family status Married
Children 4
Military Combat medic, 769
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Higher Education

2006–2008 **Bachelor of Psychology and Cognitive Science**, *The Hebrew University of Jerusalem*, GPA – 94.
magna cum laude
2009–2011 **Masters of Clinical Psychology**, *The Hebrew University of Jerusalem*, GPA – 92.
2018–Present **PhD studies in Psychology**, *The Hebrew University of Jerusalem*, Supervisor – Prof. Jonathan Huppert.

Appointments at the Hebrew University

Additional Functions/Tasks at the Hebrew University

Service in other Academic and Research Institutions

Other Activity

Research Grants

2020 **International OCD Foundation**, *Mechanisms of Imaginal Exposure In OCD – the role of exposure specificity*, **Zlotnick, E.^{PI}**, Grant Submitted.
2020 **Israel Science Foundation**, *Imagery based interventions for the treatment of anxiety-related disorders: mechanisms and optimizing outcomes*, Huppert, J.D., **Zlotnick, E.^C**, Barzilai, S. & Soroka, H., Grant Submitted.

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1/4

Teaching at the Hebrew University

- 2018–Present **Teaching assistant, "Statistical Thinking in Psychology"**, *Department of Psychology, The Hebrew University of Jerusalem.*
Lecturer: Dr. Yoni Pertzov. Prepared and delivered weekly classes. Wrote and graded weekly assignments and final exams. Conducted weekly office hours.

Publications

Articles

- 1 Isserles, M.^{PI}, Shalev, A.^C, Roth, Y.^C, Peri, T.^C, Kutz, I.^C, **Zlotnick, E.^T**, & Zangen, A.^C, (2012). Effectiveness of Deep Transcranial Magnetic Stimulation Combined with a Brief Exposure Procedure in Post-Traumatic Stress Disorder - A Pilot Study. *Brain stimulation.*, 6(3), 377-83.
- 2 Huppert, J.D.^{PI} & **Zlotnick, E.^S** (2012). Core fears, values, and obsessive compulsive disorder: A preliminary clinical-theoretical outlook. *Psicoterapia Cognitiva e Comportamentale.*, 18, 91-102.
- 3 **Zlotnick, E.^{PI}**, Strauss, A.^C, Twersky, P.^C, Abargil, M.^C, Tishby, O.^C, & Huppert, J.D.^C (N.D.). Reevaluating ruptures and repairs in alliance: Between and within session processes in cognitive behavior therapy and short-term psychodynamic psychotherapy. *Manuscript under revision for Journal of Consulting and Clinical Psychology.*

Papers presented at scientific meetings

- 1 **Zlotnick, E.**, Strauss, A., Twersky, P. & Huppert, J.D. (July, 2019). Alliance, Ruptures and Repairs in CBT: Empirical Support and Reconsideration of Theory In Flückiger C. (Chair) *New Directions in the Alliance Literature - Perspectives in Cognitive Behavioral Therapy*, Symposium conducted at the 9th World congress of Behaviour and Cognitive therapies, Berlin, Germany.
- 2 **Zlotnick, E.**, Strauss, A., Twersky, P. & Huppert, J.D. (April, 2019). Do ruptures in alliance occur within therapy sessions? an investigation of between session processes. *Paper presented at the Founding Conference of The Israeli Psychotherapy Research Group*, Tel-Aviv, Israel.

Posters presented at scientific meetings

- 1 **Zlotnick, E.**, Strauss, A., Twersky, P. & Huppert, J.D. (July, 2019). Do Ruptures in Alliance Occur Within Therapy Sessions? An Investigation of Between Session Processes Poster presented at the 9th World congress of Behaviour and Cognitive therapies, Berlin, Germany.

Awards

- 2009 **Dean's List Scholarship for Academic Excellence**, *The Hebrew University of Jerusalem.*
- 2010 **Dean's List Scholarship for Academic Excellence**, *The Hebrew University of Jerusalem.*

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Clinical Psychologist, L.N. 27–115919

2/4

2020 **Student travel award**, *Faculty of Social Sciences, The Hebrew University of Jerusalem.*

Scientific biography

I began studying core fears in my masters thesis. I was intrigued by the idea that exposure had to be personalized for each patient. And by the clinical process leading to that personalization. After completing my masters, I started my internship in clinical psychology believing that I need to develop as a therapist before being able to effectively study psychotherapy.

During my internship I supplemented my salary by working with Dr. Yoav Bar-Anan on the creation of a system for running online time-sensitive cognitive studies (MinnoJS, <https://minnojs.github.io>). Thus, developing my technical skills as well as keeping close touch with the world of psychological research. To this date I am still involved in the development and in-semination of this tool.

Once completing the internship, I began my PhD with Prof. Jonathan Huppert. Working with him on the analysis of patterns in alliance, internet based CBT and placebo effects in OCD. Currently my main focus is on core fears, their phenomenology and role as mediators of the efficacy of exposure therapy. I am also invested in advanced research methodology, understanding that it is essential in order to tease knowledge out of the highly variable psychological phenomena.

Experience

Teaching positions

2019–Present **Lecturer, "Statistics and research methodology"**, *Department of education, Herzog College.*

2018–Present **Teaching assistant, "Statistical Thinking in Psychology"**, *Department of Psychology, The Hebrew University of Jerusalem.*

Lecturer: Dr. Yoni Pertzov. Prepared and delivered weekly classes. Wrote and graded weekly assignments and final exams. Conducted weekly office hours.

Therapeutic

2018–Present **Therapist**, LABORATORY FOR THE TREATMENT AND STUDY OF MENTAL HEALTH AND WELL BEING – HUJI, Jerusalem.

Focusing primarily on CBT for anxiety disorders, both face to face and using a web based platform (iCBT)

2014–2018 **Out-patient Intern**, MENTAL HEALTH CLINIC – TALPIOT, Jerusalem.

Including dynamic psychotherapy, couples therapy, psychodiagnostics and a focus on inter-subjective theory.

2013–2014 **In-patient Intern**, MAYANEI HAYESHUA MEDICAL CENTER, Bnei-Brak.

Including supportive psychotherapy, group psychotherapy and rehabilitation work.

2010–2011 **Psychological Evaluation**, HADASSAH MEDICAL CENTER, Jerusalem.

Clinical evaluation of PTSD and depression as part of clinical research.

2009–2010 **Psychological Practicum**, HADASSAH MEDICAL CENTER, Jerusalem.

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3/4

Vocational

2011–Present **Web Developer**, PROJECT IMPLICIT.

Took a lead role in the technological development team for ProjectImplicit. Developed a comprehensive system for running cognitive and behavioral experiments on the web.

Detailed achievements:

- Created a module for running time-sensitive tasks
- Created a module for creating online questionnaires
- Was responsible for the design of the Domain Specific Language used to create experiments.
- Researched and chose appropriate technologies for the team

2010–2011 **Web developer**, WINGSOPS.

Created a system for the management of a helicopter training program

2010–2011 **Junior Web developer**, LEADFRIENDLY.

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4/4