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| Avishai S. Ella  M.A. Clinical Psychology, PhD psychology candidate   |  |  | | --- | --- | | **Address:** Jerusalem, Israel  **Phone:**(+972)-52-552-8114  **E-mail:** [avishai.ella@mail.huji.ac.il](about:blank) |  | |

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| **Education** |

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| 2022 - Present | **The Hebrew University of Jerusalem**  *M.A.: Clinical Psychology*  *PhD: Clinical-Research Psychology Track* |

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| **Research Experience** |

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| 2019 - 2022 | **Ben Gurion University of the Negev**  *B.A.: Behavioral Sciences (*Interdisciplinary honors program “Eitan”*)*  General average:93.12, Psychology average: 94.11   * 1-year exchange program at Sciences Po Paris, France |

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| 2022 - 2023 | | **Research assistant, supervised by Prof. Maya Tamir:**  Psychology Department, Hebrew University, [Emotion & Self-Regulation Laboratory](about:blank)   * Project Title: “Cross-Cultural Rumination in Daily Life” – Designing, editing and analyzing ecological momentary assessment (EMA) surveys. Examining momentary rumination differences across Japanese and American samples. * Conducting clinical interviews using the DIAMOND to assess for major depression and other comorbidities. |
| 2021 - Present | | **BA honors research projects, supervised by Dr. Eran Bar-Kalifa**  Psychology Department, Ben Gurion University, [Relationships & Psychotherapy Research Lab](about:blank)   * Theoretical review paper: “The Underlying Change in EFT-C: Memory Reconsolidation Redefines Couple’s Shared Reality” (in preparation). * Seminar project: “Examining Couples' Emotional Regulation as Influenced by Handholding, Real and Imagined.” Project included: experiment design, literature review, interviewing participants, and data analysis. | | |
| 2022 | | **Research assistant** **to** **Dr. Alejandrina (Alex) Cristia**  Cognitive Studies Department, Ecole Normale Supérieure, [The Laboratory of Cognitive and Psycholinguistic Sciences (LSCP)](about:blank)   * Data analysis management in the LAAC team, assisting Dr. Naomi Havron’s project studying linguistic development in Israeli children's communication with parents and siblings. | | |

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| 2019 - 2021 | **Research assistant** **to Dr. Michael Gilead’s lab**  Psychology Department, Ben Gurion University, [Symbolic Cognition and Interaction Lab Symbolic Cognition and Interaction Lab](about:blank)   * Using machine learning textual analysis methods to examine the correlations between linguistic abstraction, meaning in life, and other measures of well-being. * Design of Qualtrics questionnaire, management of online data collection of over 1185 participants via Prolific. * Assisting Dr. Ann Haberman's mentalizing project: conducting experimental trials and coding data. |
| 2021  2017-2018 | **Research assistant for Prof. Golan Shahar**  Psychology Department, Ben Gurion University, [The Stress, Self & Health (STREALTH) Lab](about:blank)   * Literature review of psychological effects of pandemics, quarantine, moral panics, and medical leadership.   **Dissertation in Chinese Philosophy, supervised by Professor Yuri Pines**  Department of Asian Studies**,** Hebrew University   * Final 90-page historical-philosophical manuscript: “The Tao of the ‘Warring States Period’ - the Usefulness of Uselessness”. |

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| **Honors / Awards / Scholarships** |

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| 2023  2022  2022  2022  2020  2019  2018  2018  2018  2018 | PhD Track for Outstanding Students, Full Scholarship Stipend – 24000$ yearly  Oxford's Rhodes Scholarship Finalist  MITAM Overall Score: 136/150 (96th percentile)   * MITAM is Israel's uniform national test to sort applicants to Master's programs in psychology   Exchange Program Scholarship at Sciences Po Paris – 3000$  BGU`s “Eitan” Scholarship for Interdisciplinary Excellence – 7000$ yearly   * A Full 4-year scholarship, including a full tuition waiver and a living stipend, is awarded to a selected 15 outstanding students based on academic merit in all academic disciplines. Program includes personal mentoring from a faculty member and advanced graduate courses. The program requires a yearly grade average equivalent to Magna Cum Laude.   The Open University of Israel – Dean's list Award  The Historical Society of Israel, 1st Place Dissertation Award  The Van Leer Institute Award for Excellent Dissertations   * Sponsored by the Israeli president, Reuven Rivlin.   The Bloomfield Science Museum Commendation Award |

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| |  | | --- | | **Manuscripts in Preparation** |   **Ella, A**., & Bar-Kalifa, E. (In Preparation). *The Underlying Change in EFT-C: Memory Reconsolidation Redefines Couple’s Shared Reality*.  **Work and Volunteer Experience** |

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| 2022-2024  2021  **2020 - 2021** | **Clinical Practicum at Mental Health Center of Kiryat Yovel**   * Practicing psychodynamic psychotherapy with individual and group supervision * Practicing CBT for OCD and PTSD Patients with individual and group supervision   **BeershebaPsychiatric Hospital Volunteer**   * Leading and assisting in group dialog and activities in the department of Psychiatric comorbidity, working with substance abuse patients suffering from various mental disorders.   **Perach Mentoring Project – “Dror Hanegev”**   * Mentoring a 14-year-old teen whose family member is suffering from a mental health disorder. |

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| 2018 - 2019 | **National Service, Nisui High School, Jerusalem**   * Full-time voluntary service tutoring students (7th-12th grade) in reading and writing skills, math, and English. Most students dealing with emotional and learning difficulties (e.g., Dyslexia, ADHD, anxiety, depression). * Received weekly training and guidance from a licensed social worker * One-on-one counseling to individual students experiencing social and\or emotional difficulties * Founded an “enrichment program” for a group of twelve 8th graders. There I instructed several educational after-school workshops, including but not limited to: debate, public speaking, touch-typing, creative writing, and critical reading. |

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Languages: Hebrew (native) | English (fluent, TOEFL Score 117/120) | Spanish (high intermediate) | French (low-intermediate)

Coding and Research Tools: R, RStudio, Qualtrics